

**On The Table 2018 Recap** On Tuesday, May 8, over 2,300 people across the City, State, and Country participated in The Kennedy Forum's *On The Table 2018* campaign. We saw lasting change and an impact beyond our expectations. Having a conversation about mental health and addiction is the most effective way to eliminate stigma. Of the 2,300 people involved, if each initiated a conversation with five people, 11,500 people would be impacted in the same way. This is how we move closer to our goal of eliminating stigma, by continuing the conversation.

**Highlights:**

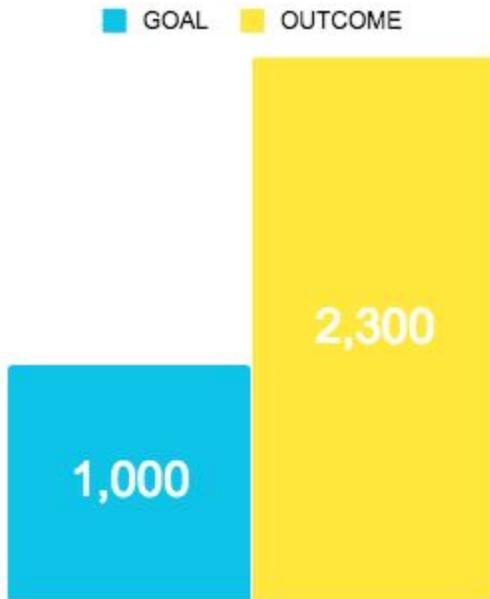
- Leadership Council member Justice Kathryn Zenoff penned an op-ed that was published in the Rockford Register Star the Sunday before *On The Table*. You may read by [clicking here](#).
- U.S. Congresswoman Robin Kelly hosted an OTT event downtown and attendees discussed issues of stigma, policy, and access.
- Imerman Angels shared a live video of their OTT conversation that was viewed by over 3,800 people through Facebook.
- The Kennedy Forum initiated conversations across the far south side of Chicago, including one at a local coffee shop, churches, a hospital, and community based organizations. Further, we hosted a conversation at the Historic Pullman Visitor Center with members of the Greater Roseland Chamber of Commerce and Roseland community stakeholders, helping to inform the future work of the Greater Roseland Community project.
- Northern Trust brought together over 150 people to hear Eric Langshur speak about training our brains for better performance and happiness.
- Board member Mary Garrison led a day of conversations in Decatur. First, with a conversation at the local public library. In the evening, she hosted students and staff at Millikin University for another set of conversations.
- Riveredge Hospital hosted a "Mind and Soul" event on the intersection of faith and mental illness.
- Legislators joined The Kennedy Forum for a conversation in Springfield about Parity and other policy issues. Leadership Council member and Cook County States Attorney Kim Foxx's office hosted half a dozen conversations. Cook County Commissioner Dennis Deer hosted a conversation in his office. Alderman James Capplemann joined a conversation at Heartland Health Center. Finally, a handful of state legislators hosted OTT conversations in their districts throughout the month of May.

*"Thank you for this remarkable opportunity. This was a beautiful and inspiring event that catalyzed some incredible collaborations. This event series is going to make a difference. We are very grateful for your efforts."*  
-OTT 2018 Participant

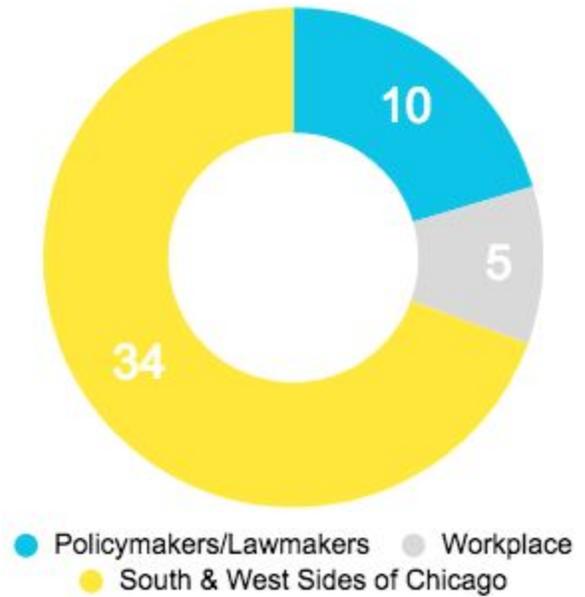
130  
hosts  
↓  
2,300  
reached

**Reach** Over 130 people hosted conversations at their workplace, home, school, church, or community reaching over 2,300 people. These numbers exceeded our expectations. Additionally, we focused on and successfully engaged people from three specific areas: policymakers, businesses, and the west and south sides of Chicago.

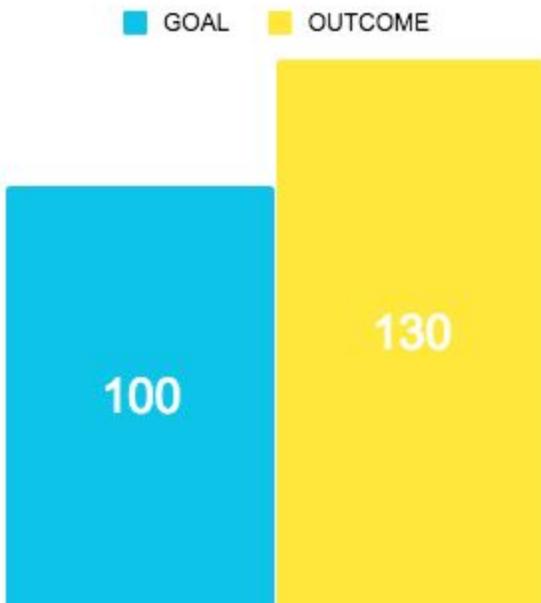
### People Engaged in Conversations



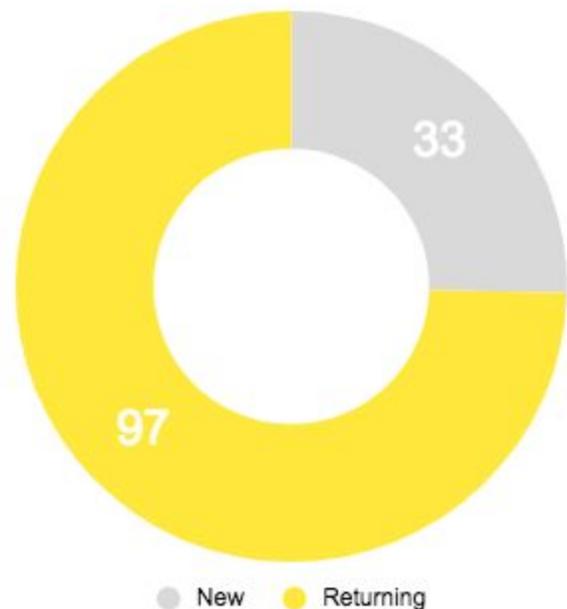
### Reach



### Conversations



### New and Returning Hosts



**Results** Survey responses from *On The Table* participants produced the following results.

- Our goal to shift perspective only reached 34%. However, this shortcoming is outweighed by the number of people who feel more comfortable speaking about mental health and addiction with their family members and friends.
- In years past we have aimed for a high bar of 80% for conversations involving someone with lived experience.
- We aimed for 25% participants to report feeling more comfortable speaking about mental health and addiction with family.

